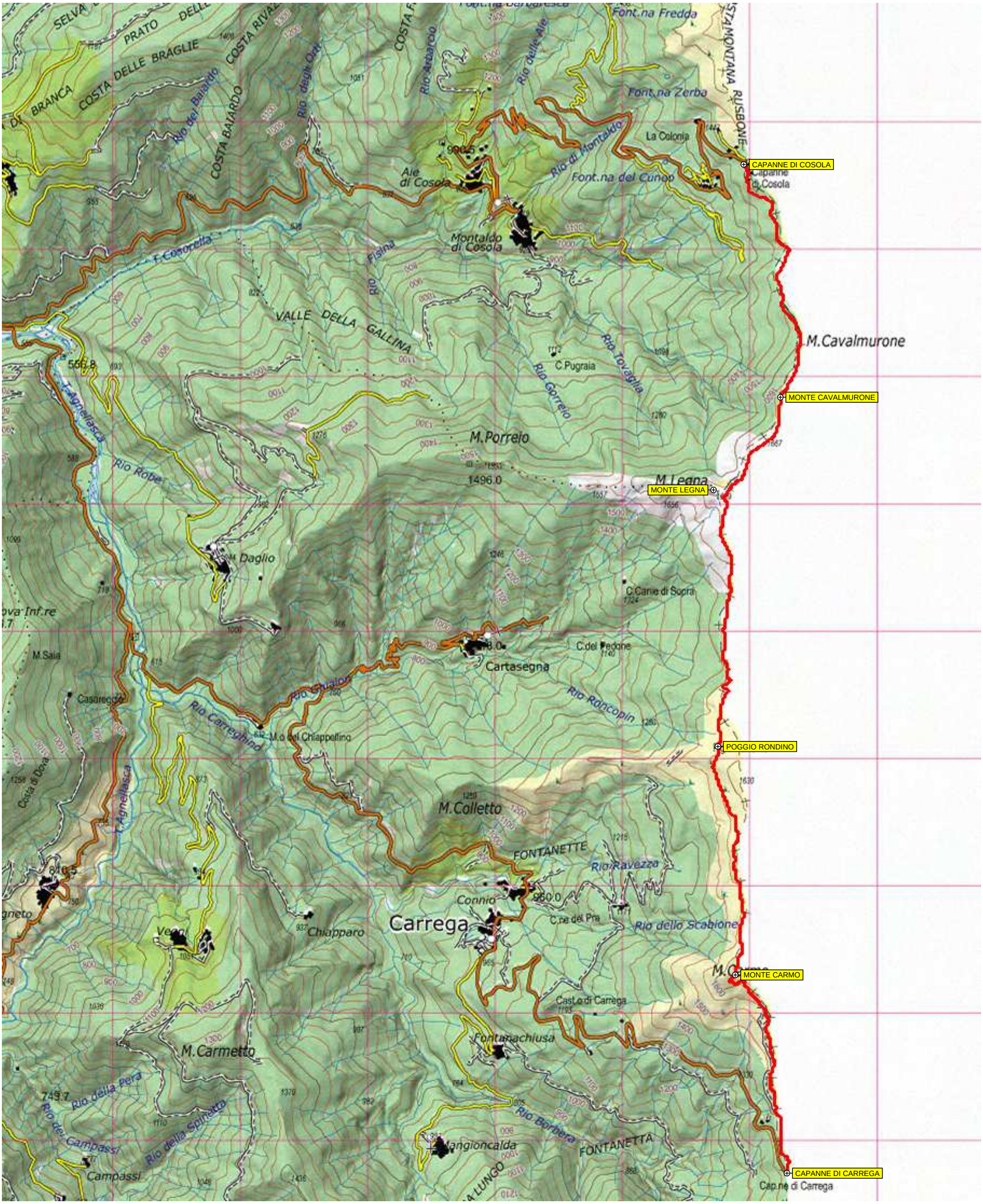SENTIERO 200 TRATTO CAPANNE DI COSOLA - CAPANNE DI CARREGA